

Rebecca Nestor

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Overview

Rebecca is an organisational consultant, facilitator and coach, based in Oxford, UK. Her focus is organisational change, leaders and leadership, career transitions, and supporting those working on the climate crisis.

Rebecca works within a framework that draws on psychodynamic and systems thinking to look at the under-the-surface emotional experience within organisations, and how sometimes this experience is reflected in the organisation's culture, systems and ways of doing things.



Her consultancy specialises in helping people process the feelings that are evoked by working on the climate crisis, whether as sustainability professionals within organisations, or as campaigning groups and NGOs, or simply as citizens. She is a board member of the Climate Psychology Alliance and is conducting postgraduate research into leadership in climate change organisations.

Rebecca has supported organisations and leaders through difficult changes and transitions, as well as offering coaching and leadership development. Recent clients include Oxfam GB, the National Council for Voluntary Organisations, the Picker Institute and Advance HE.

Professional history

Associate lecturer, Tavistock and Portman NHS Foundation Trust Master's in Consulting and Leading in Organisations: Psychodynamic and Systemic Perspectives (2019-)

Director of Learning for Good Ltd, a small consultancy (2010-2020)


Manager of learning and development, University of Oxford (1997-2010)

Diversity and inclusion specialist, University of Oxford (1992-1997)

Diversity and inclusion specialist, various local authorities (1985-1992)

Education

- Professional Doctorate in Consulting and the Organisation, Tavistock & Portman NHS Foundation Trust/University of Essex (expected 2021). Research topic: the experience of leaders in organisations whose task includes engaging with the public on climate change
- Masters in Consulting & Leading in Organisations: Psychodynamic & Systemic Approaches, Tavistock & Portman NHS Foundation Trust/University of East London (2016)
- Masters in Business Administration, Open University (2003)
- MA English Literature, Cambridge University (1985)



Voluntary activities

- Trustee of [Low Carbon Oxford North](#) since 2012; treasurer since 2017; facilitator and co-ordinator of [Carbon Conversations](#) course
- Training co-ordinator, Oxford Extinction Rebellion, in 2019
- Board member, [Climate Psychology Alliance](#), since 2019

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